



October is Breast Cancer Awareness Month. Our collective voices can inspire hope. Let us share the faith and know we are in this together!

A Prayer for October 6, 2020

Chaplain Brenda Loyal, Westminster Towers, Orlando

Gracious and loving God,

We humbly approach you this day clinging to the hope that we have in our Lord, Jesus Christ. Hope for a day when we may spend time with our friends and family. Hope for a day when we may once again look forward to going to a football game, the movies and to church. Hope for a day when we can look forward to celebrating holidays and no longer live in fear of the invisible threat of Covid-19.

Yet, we admit that our patience grows thin. We are tired and weary from the stress of this pandemic. Dear God, you know how we shudder when we hear the statistics of illness and death every time we turn on a television or open a newspaper. The Coronavirus pandemic has taken over our lives, our community, our nation and the world! Often when we wake, our minds are filled with worry; even before we start our day. There is so much, too much, that even when we trust that you are in control, we allow anxiety and fear to take over our life.

You know how we struggle to follow directions given for our own safety:

- wear a mask covering our noses and mouths,
- wash our hands,
 - Make sure we sit, walk, and stand 6 feet from other people.
 - Don't shake hands or hug when we greet one another,
 - Don't share a book or magazine,
 - Don't sing when around others.

Oh, how we are tired of this whole experience! We have had enough!

(Pause)

Forgive our whining, Lord. Help us to set our hearts and minds on your truth, trusting that you are with us and giving us strength every day, every step of the way.

Help us to pray, Lord. Help us to pray not only for ourselves, but also for those around us, our neighbor, our family, leadership and staff who care for us. Help us to remember and pray for all who are sick or mourn the loss of a loved one.

We place our trust in you, dear God and we know that you are our Lord. You are our refuge and our strength; in you, we place our trust.

Thank you for your never-ending love and forgiveness.

For this, we pray in the name of our Lord.

Amen.