



**A Prayer for Putting on A Face Mask, for December 29, 2020**

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Creator God, as I prepare to go into the world, help me to see the sacramental nature of wearing this cloth. Let it be a tangible and visible way of living love for my neighbors, as I love myself.

Christ Jesus, since my lips will be covered, uncover my heart, that people would see my smile in the crinkles around my eyes. Since my voice may be muffled, help me to speak clearly, not only with my words, but with my actions.

Holy Spirit, as the elastic touches my ears, remind me to listen carefully and caringly to all those I meet. May this simple piece of cloth be shield and banner, and may each breath that it holds, be filled with Your love.

In Your name and in that love, I pray.

Amen.