

WESTMINSTER QUARTERLY

FALL 2026

Congrats on Gold Seal Excellence

Congratulations to the teams at *Westminster Woods on Julington Creek* and *Westminster St. Augustine* for earning recertification of the prestigious Governor's Gold Seal Award!

They join *Westminster Baldwin Park*, which earned its initial certification in April, in holding this elite state honor. Given to less than 2% of nursing homes statewide, this designation highlights their sustained commitment to long-term clinical quality, high operational standards, and quality care for seniors. Facilities must demonstrate outstanding clinical metrics, financial stability, and 30 consecutive months of exemplary regulatory performance.

Thank you to these incredible teams for your hard work, extraordinary dedication, and passion in setting the highest standard of care and service!



Click to read
more about this
achievement!



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Westminster
Communities
of Florida

We serve from the
heart and inspire
older adults to enjoy
**happy, healthy and
purposeful** lives.



Chief Executive Officer
Hank Keith

Weathering the Storm

Hurricane Isaias impacted a few of our communities, with Westminster Village in Pensacola located where the storm made landfall. Thanks to diligent preparations, residents and team members remained safe through power outages and storm damage. We are extremely grateful to our dedicated team members, the Westminster Communities Foundation for supporting residents without power, and to Westminster Oaks in Tallahassee and Westminster Woods on Julington Creek in Jacksonville, who sent supplies to Westminster Village. Westminster Manor in Fort Walton Beach sustained water damage but kept power, and all affected locations are on the road to recovery. Times like these remind us that thorough planning, proactive preparation, and the strength of the Westminster family allow us to navigate and recover together.

COMMUNITY TABLE

Fall Flavors Are Here!

Who doesn't love fall? Cooler days, football, seasonal traditions, and of course, great food! This fall, our dining and culinary team members are bringing the flavors of the season to your table with our new fall menu, featuring scratch-cooked comfort foods, seasonal soups, hearty entrées, and autumn desserts. A few highlights include:

- **Seasonal Soup:** Roasted Potato Leek Soup
- **Featured Entrée:** Apple Cider Barbeque Chicken
- **Autumn Dessert:** Warm Cranberry Apple Cobbler

These dedicated teams serve more than 2.3 million meals each year. This will be our fourth seasonal menu launch of the year, reflecting our continued commitment to keeping dining fresh, varied, and exciting every day.

Stop by the dining room to see what's new on the menu and sample the flavors of the season!



Dining Pulse Survey Results Are In!

Thank you for completing our recent Dining Pulse Survey. All Life Plan Communities met or exceeded our 85% satisfaction target.

Westminster Suncoast.....	99.4%
Westminster Palms.....	98.1%
Westminster Lakeland	96.2%
Westminster Towers.....	94.6%
Westminster Shores.....	93.3%
Westminster Bradenton.....	92.2%
Westminster Oaks	90.5%
Westminster Winter Park.....	88.8%
Westminster St. Augustine	88.7%
Westminster Woods on Julington Creek	88.4%



Westminster Winter Park hosted a live outdoor painting demonstration along Lake Berry (left) and a rendering of the atrium in the brand-new Cultural Enrichment Center at Westminster St. Augustine, currently under construction (right).

Ignite Your Creativity & Mind

Crosswords are great, but creative arts in a group setting give your brain a much bigger workout! Engaging in painting, music, or woodworking sparks neuroplasticity by activating spatial reasoning, motor skills, and both brain hemispheres simultaneously. Creative focus also melts stress, boosting memory and mental clarity. Best of all, making art together helps us connect, share skills, and keep social isolation at bay.

CREATIVE EXPRESSION IN ACTION

Across our organization, creative engagement takes center stage through dynamic hands-on events and major campus investments:

- **Events and Partnerships:** Routinely enjoy hands-on art classes, live performances, and guided visits to local museums.
- **Dedicated Cultural Spaces:** We continue expanding venues for performing arts, exhibitions, and lifelong learning, including three brand-new Cultural Enrichment Centers currently under construction.

Join a class and share your creative journey, because staying active creatively is one of the best ways to thrive together.



Resident Spotlight: Beatrice

Painter and *Westminster Winter Park* resident Beatrice Athanas studied art from an early age. Her work has earned honors at prestigious shows and resides in major collections. “I have witnessed and felt how creativity keeps us vibrant, whole, and productive. A song can lift a weary spirit, a poem can spark a lively conversation, and a painting can open profound doors to memory,” she said.

[Click to hear more of Beatrice’s journey.](#)



FROM THE COO

Season of Gratitude

With Thanksgiving just around the corner, we are reminded how gratitude strengthens our spirits, unites our communities, and renews our sense of purpose.

Scripture offers this timeless reminder: *“Give thanks to the Lord, for He is good; His love endures forever” (Psalm 107:1)*. Gratitude is more than a response to favorable circumstances; it is a choice that shapes our perspective and inspires hope.

At Westminster Communities of Florida, we are thankful for our dedicated team members, for the trust of residents and families, and for the shared faith, service, and compassion that define us.

On behalf of leadership, thank you for your commitment. May the upcoming Thanksgiving season bring you and your loved ones peace, joy, and cherished memories.



Chief Operating Officer
Garry Hennis

ENGAGE & GROW

Flex Your Brain Power!

“Brain health is something you do, not something you attend,” shares Kelly Stranburg, Vice President of Healthy Aging & Longevity. Keeping our minds sharp isn’t just about daily word puzzles. It’s an active, daily lifestyle!

Cognitive wellness blossoms through the culmination of physical wellness, mindfulness, lifelong learning, and exciting new experiences. Want to keep your mind sharp, strong, and active? Try these top habits:

- ❑ **Move Daily:** Physical activity boosts blood flow to the brain.
- ❑ **Stay Curious:** Pick up a new skill, language, or creative hobby.
- ❑ **Practice Mindfulness:** Reset with meditation or reflection to ease stress.
- ❑ **Connect Socially:** Share laughs and deep conversations with friends.

Ready to dive deeper? Click to get more brain health tips on our blog!



DID YOU KNOW?

53,297

From January through August, there were 53,297 visits to the 16 fitness centers across our Life Plan Communities.

COMMUNITY CONNECTIONS



Residents, community leaders, and organizational leaders celebrate the remodeled spaces at Jefferson Center (left), while at Riverside Presbyterian Apartments, an impressive seashell collection is on display (top right) and beautiful garden upgrades are complete (bottom right).

Connecting, Honoring, and Growing

Our Rental Retirement Communities have been full of meaningful connection and celebration!

At *Jefferson Center* in Sarasota, we cut the ribbon on beautifully remodeled common areas and a new activities room, enhancing spaces to gather and thrive. In Fort Walton Beach, *Westminster Manor* honored the anniversary of September 11 with a flag ceremony presented by

the Eglin Air Force Base Honor Guard.

Meanwhile, *Riverside Presbyterian Apartments* in Jacksonville enjoyed an Elvis concert night, showcased a fascinating seashell collection, and unveiled the beautification of their garden area.

Moments like these remind us of the warmth, dedication, and spirit that bring our communities to life each day.

Digital Transformation

Aligning with our strategic focus on digital transformation, the Tech@Home resident technology support program, conducted in partnership with Parasol Alliance, has expanded! Following its success in the Orlando area, the program launched in St. Petersburg this month, bringing direct, personalized technology support to residents at *Westminster Palms*, *Westminster Shores*, and *Westminster Suncoast*.

FOCUS ON FOCUS 5



Each issue, we highlight an area of the Focus 5 Strategic Plan. Last issue, we covered "Healthy Aging & Longevity."



Chief Financial Officer
Jennifer Martens

Strength of Being Part of Something Bigger

One of Westminster's greatest financial strengths is the breadth and diversity of our services for older adults. While each of our communities has its own unique character, they benefit from the collective financial strength and resources of Westminster Communities of Florida.

Through our Obligated Group structure, our Life Plan Communities and supporting entities work together to promote long-term financial stability, access capital for improvements and expansions, and navigate unexpected challenges. This collaborative approach allows us to draw on the strength of the group while investing in the individual communities residents call home.

As a non-profit organization, our focus remains on using our financial resources wisely to support our mission, maintain vibrant communities, and fulfill our commitments to residents. Together, we are stronger and better positioned to serve generations of residents to come.

SUPPORT IN ACTION

Gifts That Transform

Thanks to the generous supporters of the Westminster Communities Foundation, several outdoor spaces have been beautifully created and enhanced!

Vibrant plantings were added to the Palm Aire Patio at *Westminster Palms*, and you'll find renovated bocce courts at *Westminster St. Augustine* and *Westminster Bradenton*. At *Westminster Shores*, retractable awnings shade the Little Bayou patio, and a new putting green is on the way. *Westminster Lakeland's* Bark Park added shade posts and seating, and *Westminster Oaks* unveiled a lovely new community patio on Diplomacy Circle.

We are so grateful to Westminster Communities Foundation donors for helping keep our communities beautiful places to call home.



Bocce court at Westminster Bradenton.



Neighborhood patio at Westminster Oaks.

BEYOND THE JOB DESCRIPTION

MEET STACEY:

Bringing Fun, Flavor, and Heart to The Market

At *Westminster Towers*, team members like Stacey bring our mission to life through heart, compassion, and service. Stacey joined Westminster in 2017 as a Dining Services Tech, transitioning to Activities Assistant in the Health Center and to Assistant Cook 1 before stepping away for personal reasons in 2021. Guided by a passion for serving others, she returned to Westminster Towers in April, joining the team at The Market. When reflecting on what inspires her, Stacey shares: “It’s the grace and mercy that God gives and put in my heart. The fact that all God wants from us is to show each other love and kindness... What better place can you give that to?”

Her impact is felt by everyone across the community. “Stacey is one of those special people who brings warmth, kindness, and a genuine spirit to everyone she meets,” said *Westminster Towers* Executive Director David Randazzo. “She has a wonderful ability to bring a smile to others and make a meaningful difference in the lives of those she serves.”

Thank you, Stacey, for your dedication and the incredible spirit you bring to Westminster Towers!



Westminster Towers Assistant Cook 1 Stacey George

LIVE WELL

Connected in Care

Connecting face-to-face helps the Longevity Scripts team listen, understand what matters most to you, and answer your questions. These team members love taking part in events that bring our communities together. Highlights from this past year include:

- Sponsoring the Westminster Games, celebrating community spirit.
- Participating in health expos and wellness fairs at our communities.
- Supporting a charity golf tournament alongside leaders.
- Connecting with industry experts at the LeadingAge Southeast conference on how to better serve older adults.
- Hosting flu clinics to help the Westminster family prepare.

We’re always looking for ways to connect. Keep an eye out for Longevity Scripts at your next community event!



HOME & HEART

Planning Your Next Chapter

Most people share a common goal as they age: maintaining independence, comfort, and peace of mind. Truly aging in place within your home or apartment isn't about navigating life alone but choosing a supportive environment that seamlessly adapts as your needs change.

Proactive planning ensures you stay in control of your future. Through Westminster Home Care, our compassionate team provides personalized, hourly support right at your door. Whether you need short-term assistance recovering from a procedure or ongoing help with medication reminders, personal care, light housekeeping, and transportation, we are here to support your lifestyle.

Embrace every stage of life with confidence, knowing extra support is within reach.

PARDON OUR PROGRESS



Westminster Winter Park residents signed an I-beam before it was raised to **help support the roof** of the brand-new Cultural Enrichment Center!

Growth by the Numbers

Behind every new building and renovation are some remarkable statistics. Here's a look at our transformations by the numbers:

- Painting of all five buildings at *Westminster Village* in Pensacola is complete and used more than **2,920 gallons of paint**.
- Façade renovations at *Riverside Presbyterian Apartments* are in process, including installing **320 new windows** on 18 floors.
- Masonry work is nearing completion on the Cultural Enrichment Center at *Westminster St. Augustine*. In total, the project will use more than **500 cubic yards of concrete**.
- The third floor is poured at The Woodlands at *Westminster Woods on Julington Creek* and the contractor is beginning framing. When completed, the building will include **575 doors**.
- Electrical rough-in work is underway for a **12,000+ square foot** Assisted Living renovation at *Westminster Palms*.
- The E-Wing renovation to Memory Support at *Westminster Suncoast* is working through underground plumbing and includes installing more than **17,000 square feet of flooring**.
- Construction of the bridge at *Westminster St. Augustine* has begun and will use more than **12,000 heavy-duty deck fastening screws**.
- More than **1,200 deep-foundation pilings** will provide support for the new buildings in permitting at *Westminster Shores*.