



Embracing life to the fullest



Westminster
Oaks

A Plan for *Living Well*

By choosing a Westminster community, you're choosing security for the future. That's because a Life Plan Community offers the assurance of a wide range of important aging services to meet life's changing needs.

You can rely on us as a trusted partner to help you meet your future needs, offering:



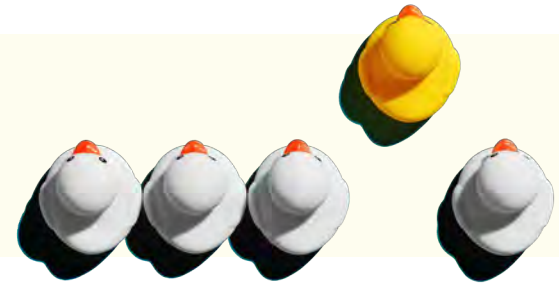
- ▶ Active, **Independent Living** with an exciting, maintenance-free lifestyle
- ▶ **Assisted Living** for those who need a little support with daily living
- ▶ **Short-Term Rehabilitation and Therapy** to get you back on your feet and doing the things you love
- ▶ **Home Care** for assistance like meal preparation, walking the dog or medication management
- ▶ Convenient **Pharmacy Services**, plus consultations from pharmacists specializing in care for seniors
- ▶ **Long-Term Nursing Care** for those who need 24/7 nursing assistance
- ▶ **Memory Care** tailored to meet individual needs to preserve independence

Choosing a Life Plan Community now gives you the assurance you need *for the future.*

The Not-For-Profit Difference

A Life Plan Community allows older adults to enjoy the exciting and active lifestyle today while resting easier knowing that there's a plan for the rest of your life.

But what sets *Westminster communities* apart from other Life Plan Communities?



1

A *not-for-profit, faith-based family* of senior living communities solely dedicated to serving older adults

2

Fiscally strong partners for your future, with an investment-grade A- bond rating from Fitch Ratings

3

Assistance for residents who outlive their financial resources, provided by the Westminster Communities Foundation

4

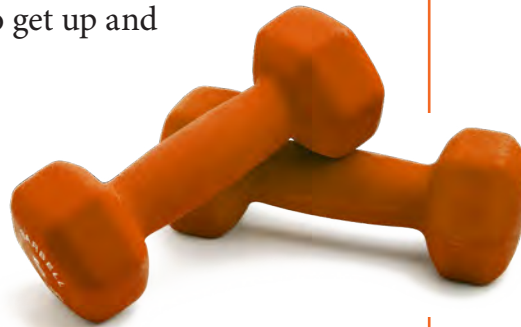
A senior living organization with *decades of service* and guided by a Mission to inspire older adults to enjoy happy, healthy and purposeful lives

An Active Lifestyle

A Westminster community is so much more than just a beautiful residence in a great location.

We offer residents and team members an active and engaging lifestyle inspired by our exclusive *MyWLife* well-being program. Our goal is to keep residents as independent as possible for as long as possible, and to give each resident a great reason to get up and get moving every morning.

Just outside your front door, you'll find a plethora of wellness, lifelong learning and social opportunities.



The most difficult question you'll have to answer is:
What will I do today?



MyWLife

8 Dimensions of Well-Being

- ▶ Physical
- ▶ Emotional
- ▶ Lifelong Learning
- ▶ Spiritual
- ▶ Nutritional
- ▶ Vocational
- ▶ Social
- ▶ Community

Visit WestminsterOaksFL.org to explore our MyWLife program in more depth.

Serving Up *Fresh and Memorable* Dining

Enjoy a menu of delicious, chef-prepared dining options every day, when you choose Westminster Oaks.

Our talented culinary teams design menus highlighting seasonal, locally grown ingredients, and find opportunities to highlight cuisine from all around the world in our scratch-cook kitchens. Choose from:

- ▶ **Contemporary dining** with seasonal menus served restaurant-style for breakfast, lunch and dinner
- ▶ **Casual dining venue** highlighting local favorites and chef's specials
- ▶ **Grab-and-go**, freshly prepared and packaged sandwiches, salads, soups and more, for a quick bite after a lifelong learning seminar or a fitness class

Stop worrying about doing the dishes and start enjoying *fresh cuisine every day!*



Westminster Oaks

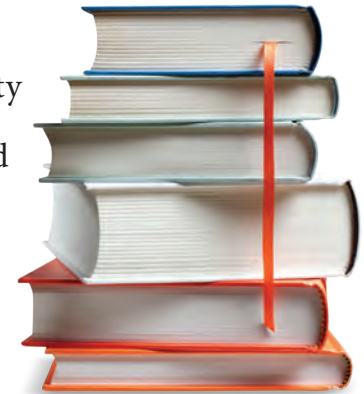
Embracing Life to the Fullest

We offer a variety of residential options on 140 acres of rolling hills in Florida's capital city, with much more to love beyond the great location.



You'll enjoy convenient access to cultural attractions and gorgeous Emerald Coast beaches. There's something here for everyone from great restaurants and art galleries to the world-class research and championship athletics at local colleges and universities. In addition to the benefits of living at a Life Plan Community, residents enjoy a wealth of amenities on campus and nearby, including:

- ▶ Lifelong learning opportunities in the Maguire Center for Lifelong Learning, right on campus, through a partnership with Florida State University
- ▶ Heated, indoor swimming pool, putting green and lighted tennis court and pickleball court
- ▶ Fitness center membership with expert guidance from a personal trainer



Discover the residence that *best fits your lifestyle.*

Choose garden apartment apartments or single-family homes, each either newly built or fully renovated with modern appliances, granite countertops, and high-quality cabinetry and flooring.



OUR SINGLE-FAMILY & VILLA HOMES FEATURE:

- ▶ A location on quiet neighborhood streets
- ▶ Detached and duplex residences with open floor plans
- ▶ Sizes going up to three bedrooms



OUR APARTMENT RESIDENCES FEATURE:

- ▶ Open floor plans
- ▶ Sizes ranging from studios to spacious one- and two-bedrooms
- ▶ Convenient location near community amenities



No matter what choice you make, every residence offers:

- ▶ **Home maintenance**, inside and out
- ▶ A full calendar of **lifestyle opportunities** every day
- ▶ **Services and amenities** to enhance your lifestyle, like housekeeping, scheduled transportation and fitness center
- ▶ Priority access to the **full continuum of care**, including assisted living, nursing care, memory care, rehabilitation and more

Plus, your furry friends are welcome!



OUR MISSION

We serve from the heart and inspire older adults to enjoy happy, healthy and purposeful lives.



Westminster
Oaks

WestminsterOaksFL.org