



*Embracing life to the fullest*



# A Plan for *Living Well*

*By choosing a Westminster community, you're choosing security for the future. That's because a Life Plan Community offers the assurance of a wide range of important aging services to meet life's changing needs.*

You can rely on us as a trusted partner to help you meet your future needs, offering:



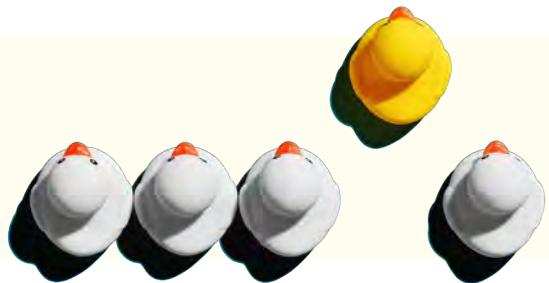
- ▶ Active, **Independent Living** with an exciting, maintenance-free lifestyle
- ▶ **Assisted Living** for those who need a little support with daily living
- ▶ **Short-Term Rehabilitation** and **Therapy** to get you back on your feet and doing the things you love
- ▶ **Home Care** for assistance like meal preparation, walking the dog or medication management
- ▶ Convenient **Pharmacy Services**, plus consultations from pharmacists specializing in care for seniors
- ▶ **Long-Term Nursing Care** for those who need 24/7 nursing assistance
- ▶ **Memory Care** tailored to meet individual needs to preserve independence

Choosing a Life Plan Community now gives you the assurance you need *for the future.*

# The Not-For-Profit Difference

*A Life Plan Community allows older adults to enjoy the exciting and active lifestyle today while resting easier knowing that there's a plan for the rest of your life.*

But what sets *Westminster communities apart* from other Life Plan Communities?



1

A *not-for-profit, faith-based family* of senior living communities solely dedicated to serving older adults

2

*Fiscally strong partners* for your future, with an investment-grade A- bond rating from Fitch Ratings

3

*Assistance for residents* who outlive their financial resources, provided by the Westminster Communities Foundation

4

A senior living organization with *decades of service* and guided by a Mission to inspire older adults to enjoy happy, healthy and purposeful lives

# An Active *Lifestyle*

*A Westminster community is so much more than just a beautiful residence in a great location.*

We offer residents and team members an active and engaging lifestyle inspired by our exclusive *MyWLife* well-being program. Our goal is to keep residents as independent as possible for as long as possible, and to give each resident a great reason to get up and get moving every morning.

Just outside your front door, you'll find a plethora of wellness, lifelong learning and social opportunities.



The most difficult question you'll have to answer is:  
*What will I do today?*



## 8 Dimensions of Well-Being

- ▶ Physical
- ▶ Emotional
- ▶ Lifelong Learning
- ▶ Spiritual
- ▶ Nutritional
- ▶ Vocational
- ▶ Social
- ▶ Community

*Visit [WestminsterOaksFL.org](http://WestminsterOaksFL.org) to explore our MyWLife program in more depth.*

# Serving Up Fresh and Memorable Dining

*Enjoy a menu of delicious, chef-prepared dining options every day, when you choose Westminster Oaks.*

Our talented culinary teams design menus highlighting seasonal, locally grown ingredients, and find opportunities to highlight cuisine from all around the world in our scratch-cook kitchens. Choose from:

- ▶ **Contemporary dining** with seasonal menus served restaurant-style for breakfast, lunch and dinner
- ▶ **Casual dining venue** highlighting local favorites and chef's specials
- ▶ **Grab-and-go**, freshly prepared and packaged sandwiches, salads, soups and more, for a quick bite after a lifelong learning seminar or a fitness class

Stop worrying about doing the dishes and start enjoying *fresh cuisine every day!*



# Westminster Oaks

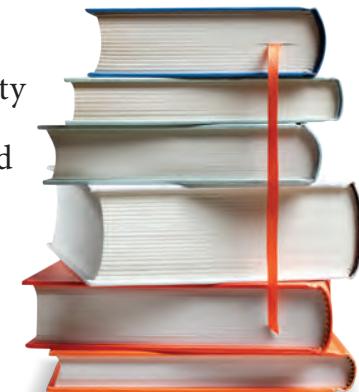
## *Embracing Life to the Fullest*

*We offer a variety of residential options on 140 acres of rolling hills in Florida's capital city, with much more to love beyond the great location.*



You'll enjoy convenient access to cultural attractions and gorgeous Emerald Coast beaches. There's something here for everyone from great restaurants and art galleries to the world-class research and championship athletics at local colleges and universities. In addition to the benefits of living at a Life Plan Community, residents enjoy a wealth of amenities on campus and nearby, including:

- ▶ Lifelong learning opportunities in the Maguire Center for Lifelong Learning, right on campus, through a partnership with Florida State University
- ▶ Heated, indoor swimming pool, putting green and lighted tennis court and pickleball court
- ▶ Fitness center membership with expert guidance from a personal trainer



# Discover the residence that *best fits your lifestyle*.

*Choose garden apartment apartments or single-family homes, each either newly built or fully renovated with modern appliances, granite countertops, and high-quality cabinetry and flooring.*



## OUR SINGLE-FAMILY & VILLA HOMES FEATURE:

- ▶ A location on quiet neighborhood streets
- ▶ Detached and duplex residences with open floor plans
- ▶ Sizes going up to three bedrooms



## OUR APARTMENT RESIDENCES FEATURE:

- ▶ Open floor plans
- ▶ Sizes ranging from studios to spacious one- and two-bedrooms
- ▶ Convenient location near community amenities



Plus, your furry friends are welcome!

*No matter what choice you make, every residence offers:*

- ▶ *Home maintenance*, inside and out
- ▶ A full calendar of *lifestyle opportunities* every day
- ▶ *Services and amenities* to enhance your lifestyle, like housekeeping, scheduled transportation and fitness center
- ▶ Priority access to the *full continuum of care*, including assisted living, nursing care, memory care, rehabilitation and more



## OUR MISSION

We serve from the heart and inspire older adults  
to enjoy **happy, healthy and purposeful** lives.



*WestminsterOaksFL.org*